

FLATWOODS ELEMENTARY  
FEBRUARY 2014 MENU  
**Lunch**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>*Offered Each Day: Milk</b>				
3 Chicken Quesadilla or Lasagna W/Bread, and Garden Salad, Green Beans, Mandarin Oranges	4 Baked Ham or Chicken Tenders and Bread, Mashed Potatoes, Peas, Applesauce	5 Hamburger or Cheeseburger or Chef Salad and Potato Tots, Lima Beans, Fruit Cocktail	6 Scrambled Eggs and Bacon or Chicken Tenders and Biscuits W/Gravy, Hash Browns, Baked Apples	7 Meat Loaf or Ravioli and Baked Potato Steamed Broccoli Apple Toast
10 BBQ Pork W/Bun or Grilled Chicken and Garden Salad, Peaches, Lima Beans	11 Hamburger or Cheeseburger or Hotdog and Baked Beans, French Fries, Pears	12 Spaghetti W/Meat Sauce or Pizza Choice and Garden Salad, Peaches, Corn	13 BBQ Chicken and Bread or Corndog and Fresh Broccoli, Mashed Potatoes, Pears	14 Chicken Nuggets or Fish Nuggets and Fresh Carrots, Slaw, Apple Slices
17 No School  Professional Development Day	18 Lasagna W/Toast or Steak Nuggets and Carrots w/Dip, Green Beans, Orange Slices	19 Meatloaf W/Bread or Grilled Chicken patty W/Bun and Mashed Potatoes, Peas, Fruit Cocktail	20 Chicken Stir Fry or Soup Beans and Bread, Broccoli, Cherry Tomatoes, Apple Sauce, Jell-O W/Fruit	21 BBQ Rib W/Bun or Breaded Chicken Patty and Green Beans, Potato Wedges, Pears
24 Chicken Tender W/Bread or Sloppy Jo W/Bun and Sweet Potato Bites, Garden Salad, Apple Slices	25 BBQ Chicken W/Bread or Ham and Cheese Sandwich and Peas, Mashed Potatoes, Peaches, Jell-O W/Fruit	26 Salisbury Steak W/Bread or Fish Nuggets and Green Beans, Mashed Potatoes, Pineapple	27 Ground Beef and Macaroni or Vegetable Beef Soup and Broccoli W/Dip, Corn, Peaches	28 Spaghetti W/Meat Sauce and Toast or Corn Dog Nuggets and Garden Salad, Lima Beans, Pears

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